

OSHC Newsletter

6th November 2024

This service is committed to promoting and protecting the safety and wellbeing of all children by providing an environment where children feel safe and their voices are heard.



St Francis of Assisi OSHC acknowledge the Wurundjeri people of the Kulin nation as the traditional owners and ongoing custodians of the land on which our service is built

“Work Hard, Be Kind and Amazing Things will Happen” - Conan O’Brien



PLEASE ENSURE YOUR CHILD HAS A SPARE HAT IN THEIR BAG FOR USE IN OSHC.

CHILDREN WHO DO NOT HAVE A HAT WILL BE EXCLUDED FROM OUTDOOR PLAY (OR THEY WILL BE RESTRICTED TO PLAY IN A SHADED AREA IF/WHEN APPROPRIATE).

SUPER FOOD POWERS



To coincide with National Nutrition Week, (*inspiring a connected and nourished Australia*) which is celebrated from 14th to 20th October each year, the children engaged in a variety of experiences which supported their understanding of healthy eating and nutrition.

The children’s enthusiasm for sensory play steered the still-art activity which encompassed the selection of appropriately coloured air-dry clay and shaping the resource to resemble assorted fruits and vegetables. Art which depicted platters filled with healthy fruits and 3D grape designs were crafted from cardstock.

Participation in the various experiences employed a range of skills and processes including problem solving, experimentation, imagination and creativity.



LIGHT AND FRIGHT

Planning for the Light and Fright experiences supported the children's respect for diversity and a connection to community. The children explored Diwali (the festival of lights) and Hindu celebrations through their participation in craft activities. Decorative floral lanterns were created using coloured cardstock which was carefully folded into concertina pleats to support a tea light candle.



The children fashioned feather headbands to resemble the Cookie Monster for our 'fright' experiences which were planned to correspond with Halloween. A Halloween challenge required the children to wrap their teammates with toilet tissue to simulate an Egyptian Mummy, whilst participation in Halloween Musical Statues and Bingo employed physical movement and cognitive skills, respectively.

A selection of natural resources inspired the children's creativity and engaged sustainable practices to craft floral décor.

CLUBS

The Jewellery and Soccer clubs have now concluded. Both groups developed the skills respective to each club's goals and were awarded certificates for their positive participation. The success of these clubs has led to the implementation of Basketball and Gifting clubs which will commence in the week beginning 11th November 2024.



PHYSICAL ACTIVITY / OUTDOOR PLAY

The children are thoroughly enjoying the opportunity to play outdoors with the onset of the warmer weather conditions. These prospects not only develop the children's gross motor skills and build physical wellbeing, but the benefits of play in these varied environments promote calming sensory stimulation (as they *touch* the natural surroundings, *see* the birds and creatures, *smell* the vegetation and *listen* to their friends in play, etc).



The small and big hall further facilitate assorted physical play experiences. Throughout each session, the educators plan reflectively to include a variety of physical movement practices to meet the children's interests, consider their varied competencies and grow their passion for sports and a healthy lifestyle.



Coming Up.....

Melbourne Cup



We will remember them